



Lothian Disability Sport

Boccia Club!

Open to people of all ages and disability

**Boccia club at Dunbar Leisure Pool,
Dunbar, East Lothian**

£2.25 per session

Every Friday 3:30pm – 4:30pm

Come and try this growing sport, meet our qualified coaches, socialise and compete in competitions

For further information and to register your interest please contact Gary Fraser on 01875 619070 or gfraser1@eastlothian.gov.uk

What is Boccia?

Boccia (pronounced Bot-cha) is similar to bowls where the aim of the game is to score as many points as possible by one competitor / pair or team getting their balls closer to the jack ball than their opponents. Boccia can be played at every level, from school or club to Paralympic competition. Boccia is played from a seated position and non-disabled as well as disabled participants can play it.



SCOTTISH DISABILITY
SPORT

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